

Packages and Pricing

Initial Evaluation- **\$100**

Par Package- **\$175**

Initial Evaluation and 3 follow-up visits

Birdie Package- **\$450**

Initial Evaluation and 9 follow-up visits
(1 free follow-up visit)

Eagle Package- **\$900**

Initial Evaluation and 18 follow-up visits
(2 free follow-up visits)

Visits will be 45-60 minutes in length



2170 Stumbo Road
Mansfield, OH 44906
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Wellness Center Hours

7:00 a.m. - 12:00 p.m.

1:00 p.m. - 7:00 p.m.

Monday - Friday

**Call for additional
information!**

Golf Fitness & Performance



Reach New Heights!



Titleist Performance Institute Certified






The Titleist Performance Institute (TPI) is the accumulation of 11 years of research studying the greatest golfers in the world and seeing how their bodies affect their golf swing.

About the Program

Summit Therapy and Performance Center's goal is to improve the health and performance of golfers through the TPI designed program.

There are three main components to the TPI Program:

-  Physical Evaluation
-  Video swing analysis
-  Custom performance program



Each participant will go through a physical evaluation to isolate physical limitations that inhibit each participant's golf swing. The evaluation will assess coordination, flexibility, mobility, strength, balance, and measures the ability to generate and transfer speed.



The video analysis will identify swing faults created by physical limitations seen in the physical evaluation. The video will show swing faults in each aspect of the golf swing including: address posture, dynamic posture (backswing, downswing, follow through), and the golfer's ability to coordinate and sequence different movements.



Utilizing the TPI physical screening process, an individual custom performance program will be designed. This program will help change the biomechanical limitations found in the evaluation that directly relate to the swing technique of each participant. Follow-up sessions allow for a Certified Golf Fitness Instructor (CGFI) to give direction and make progressions to each participant's performance program to maximize outcome.

Summit Therapy Advantage

Our Instructor, Matt Loose, ATC, PTA, CGFI is the only TPI Certified Golf Fitness Instructor in the Mansfield area.

